



Reduced Sodium Cream of Broccoli Soup (162)
10/04/2018

Nutrition Facts
Serving Size 1 cup (235g)
Servings Per Container 22
Amount Per Serving
Calories 70 Calories from Fat 10
% Daily Value*
Total Fat 1g 1%
Saturated Fat 0g 1%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 190mg 8%
Total Carbohydrate 13g 4%
Dietary Fiber 2g 9%
Sugars 5g
Protein 5g
Vitamin A 25% • Vitamin C 60%
Calcium 10% • Iron 15%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories: 2,000 2,500
Total Fat Less than 65g 80g
Saturated Fat Less than 20g 25g
Cholesterol Less than 300mg 300mg
Sodium Less than 2,400mg 2,400mg
Total Carbohydrate 300g 375g
Dietary Fiber 25g 30g
Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WATER, BROCCOLI, ONIONS, NON FAT DRY MILK, LOW SODIUM VEGETABLE BASE (Sauteed Vegetable Puree Mix [carrots, onions, celery, corn oil], Cornstarch, Maltodextrin, Corn Oil, Hydorlyzed Corn Protein, Autolyzed Yeast Extract, Tomato Powder, Water, Onion Powder, 2% or Less of Disodium Inosinate, Disodium Guanylate, Garlic Powder, Salt, Extractives of Paprika, Natural Flavors, Modified Cornstarch), MODIFIED FOOD STARCH (corn), CARROTS, ONION POWDER, GARLIC POWDER, BLACK PEPPER
ALLERGEN: Contains Milk.
Manufactured on equipment that processes products containing Soy, Eggs, Milk, Wheat, Fish and Crustacean Shellfish